

SELF CARE

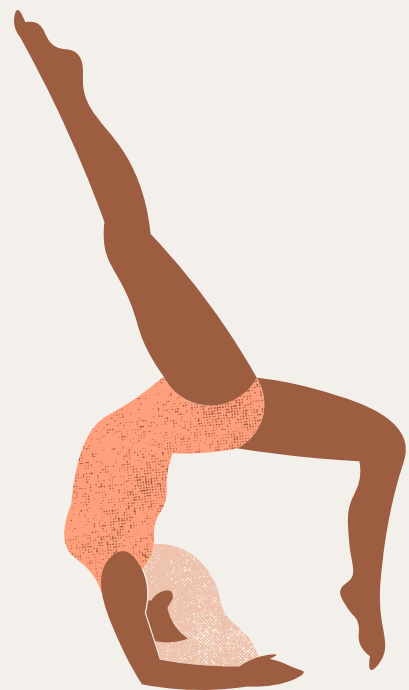
planner



Today's Focus

Acts of Self Care

To do List



SELF CARE

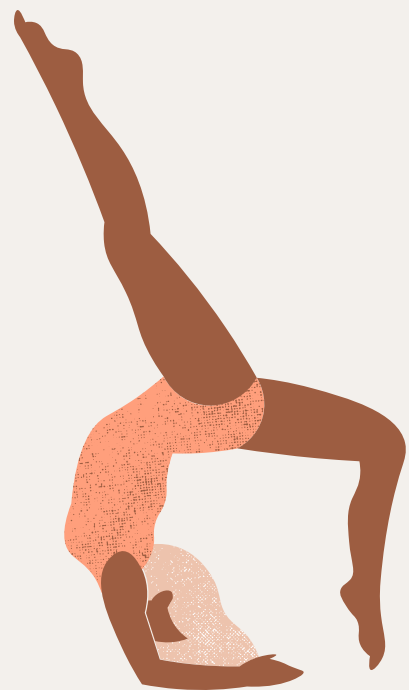
planner



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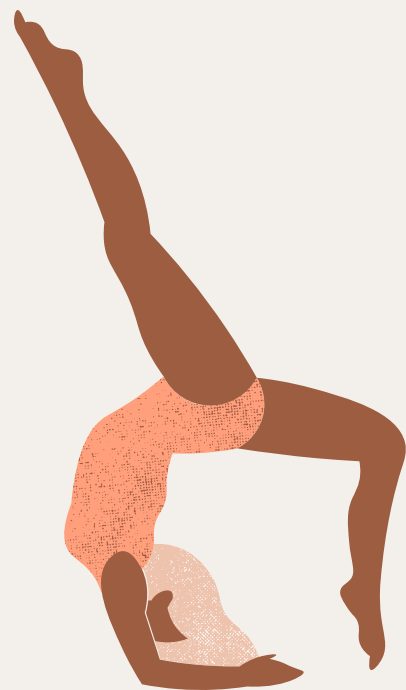
planner



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