

Moon guide

A journal to connect with yourself



November 2021

Yoga illustrators.



This membership is about you and only you



This means that, even if we offer guidance, you are the only one who can decide what is right for yourself.

Take this guide as a support that you can adapt in many ways to fit perfectly with yourself.

If you want to skip a section, don't feel guilty for missing something out.

The important thing here is to connect with your inner voice, to learn how to listen to it and to build a routine around it.

The moon cycle is an indicator that helps us manage our rhythm between action and nurturing. But the key indicator is what you feel.

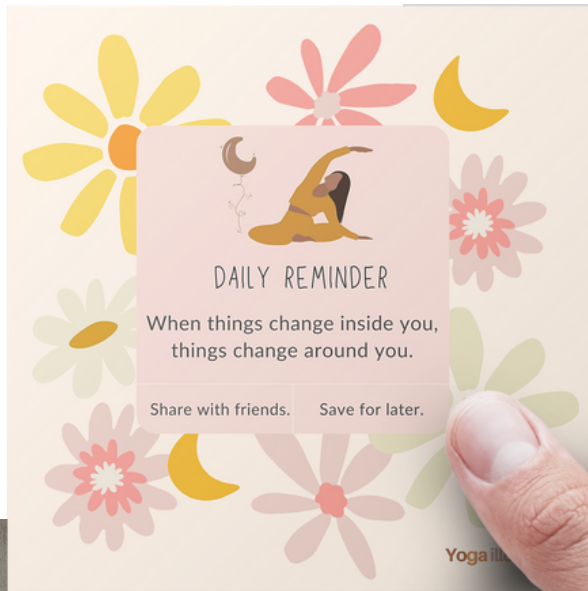
Don't forget that if you need, you have a private community on facebook that is here to help you.

I wish you a beautiful moment with your sweet self.



November

Get inspired with our monthly art.





NEW MOON IN SCORPIO 04

05 VENUS ENTERS
CAPRICORN

MERCURY ENTERS
SCORPIO 05

PALLAS GOES DIRECT IN
PISCES 08

JUNO ENTERS CAPRICORN 14

16 VESTA ENTERS SAGITTARIUS

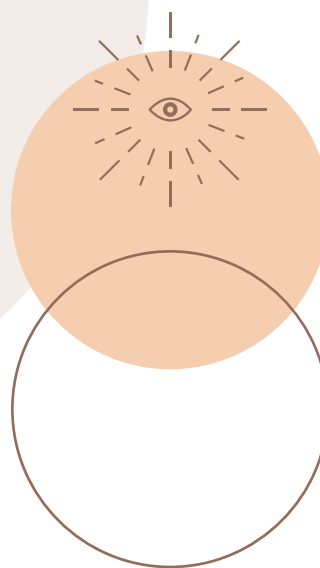
FULL MOON LUNAR ECLIPSE IN TAURUS 19

21 SUN ENTERS SAGITTARIUS

24 MERCURY ENTERS
SAGITTARIUS



Major cosmic events





Monthly insight

Evoking lustful & desirous energies.

Welcome to November Moon Yogi! We have an interesting month ahead of us so let's see what our future holds, lunarlike and astrologically!

On November 4th we will experience our new moon of the month. And it's a Scorpio New Moon! We are going to feel all the feels! We are going to get into the nitty gritty of trauma and sexuality, among other things! Depending on who you are, these two may be connected or they may not. Either situation, working to heal ourselves is the ultimate goal of this new moon! We promise this month will be fun!

On November 5th, Venus will enter Capricorn + Mercury will enter Scorpio. The themes of Scorpio season and the New Moon both invite us to reconnect to our speech. These astrological events will guide us to a healthier speech with loved ones as well as making our voices heard in society.

How do we talk to others in intense moments? How do we talk to ourselves? What are our general thought-sets in daily life? How can we start communicating from a place of love rather than a place of autonomy?

When Mercury enters Scorpio will we feel this tenacity to more intensity and emotional depth. Mercury is the planet of communication, technology, and intellect. So when it moves into Scorpio, there is a smooth insight that flows in our interactions with others.

If we have been seeking truth or wondering how to connect with our life's purpose; this transit will make it easier for us to find our path and walk in the right directions.

On Nov 8th, our Asteroid Goddesses begin their journey through the Zodiac once more. The Divine Feminine will start stirring up ancient energies and we will feel some type of way about it. It will be important to harness our own feminine energy but to also help along the societal shift into a more 'the future is female' flow.

Pallas will make her journey to go direct in Pisces on Nov 8 and she will spend the rest of 2021 there stationing a retrograde in July 2022. The last time Pallas was in Pisces was April 2016 to March 2017. One of the most popular overlays was the US election of Trump and the use of social media as a manipulation tool.

The point of this transit is to be mindful of the impulse to use manipulation as a fighting style, to promote agendas that allow us to maintain our privileges (Pallas as the daughter of the patriarchy), while denying others their own (humans are incapable of comprehending the pantheon's "righteous objectives"). We should avoid using logic that elevates sacrifice, service, and martyrdom above personal embodiment, self-actualization, and love.

On Nov 14th, Juno will enter Capricorn. The energy themes are romance and relationships/partners. This asteroid was named after the Goddess Juno. She was a devoted wife/mother but worried about her husband's numerous affairs. The embodiment of this event is both the light and dark of relationships.

On Nov 16, Vesta will enter Sagittarius. Vesta, the asteroid, is the largest in the asteroid belt and is the last rocky protoplanet that participated in the formation of the terrestrial planets.

What does that even mean? Why do we need to know this? Vesta is a blueprint, a map, DNA if you will.

In astrology, Vesta was a Roman virgin goddess who represents family, home, and hearth- which can all be represented as the foundations for strong, positive DNA. *I.E: It all starts with the Mother.* Vesta is the 'mother' of our Celestial beginnings.

Carving a new path for future generations to openly accept the Divine Feminine will be prominent in the coming months.

Our asteroid Goddesses will help fight patriarchal norms, help us to communicate in our relationships (both light and dark), and pave a safe path to normalize a woman's right to choose.

With that huge amount of information to absorb; here's some more: On November 19th we will experience a Full Moon Lunar Eclipse in Taurus and that's a mouthful to have to say!

We can use this magical phenomenon to help with our finances. We can harness this lunar energy to remove blocks to stability and security and gain more insight on our finances. We can also harness this energy to help us find what makes us confident and help improve our sense of self worth.

On Nov 21, the sun enters Sagittarius. This energy is all about exploration, expansion of the mind, and the attraction of abundance.

Opportunities are knocking, celestial doors are opening, and a wave of positivity washes over our Collective Consciousness during this time.

While this has certainly been a challenging year, we can start looking toward the light when cheery Sagittarius comes into the picture. Take a sigh of relief you made it through broody Scorpio season!

We need more love and light than ever, and Sagittarius season encourages us to begin sharing ours with the world around us.

How can we lift our neighbors while attracting our own desires? Finding the balance between reaching for our own dreams and helping fulfill the dream of a peaceful, loving planet is what this season is all about!

There is an opportunity to share the love during Sagittarius season that will not only help those around us, but it will also allow our true spirit to shine and evolve- making room for security, love, and career success that we all desire. Living in harmony with our Soul urges the Universe to step up and support us in all of our endeavors.

Our last astrological highlight in November is on the 24th when Mercury enters Sagittarius.

We have to remember to think before we speak while Mercury is in Sagittarius!

That's because things could come flying out of our mouths without checking to see if they're true, or before considering other's feelings. We need to triple-check our words during this transit, so we don't end up saying or doing something we don't mean.

Mercury has a reputation for being a wild card when it moves into this bold sign. That's because Mercury is all about ideas and words, and Sagittarius is all about action.

This combination could lead to speaking without thinking, accidentally saying something rude, or spouting off things that simply aren't true.

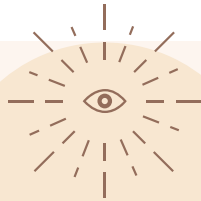
On a lighter note, Sagittarius will encourage us to broaden our horizons. Because Sagittarius is such a visionary, our minds end up wandering far and wide during this transit.

If accepted, Sagittarius can help us find a new passion or discover something new about ourselves through expansion of the mind. It is encouraged to just let loose with your imagination, so long as we watch our words.

November Tarot Reading



My notes



Your month ahead



Name 3 things of October you are grateful for.



What is the feeling behind those things?



If this month went the best it could possibly go, what would happen?



If you could pick one word to define this month, what would it be?



Bringing it all together, what are your intentions and goals for November?

Plan your goals



Write down ONE big goal in your personal life and ONE big goal in your professional life. We will follow the principles of SMART goals to make them achievable.

S

SPECIFIC

M

MEASURABLE

A

ACTION-ORIENTED

R

REALISTIC

T

TIME-BASED

GOALS: BE SPECIFIC &
REALISTIC

HOW WILL YOU
MEASURE IT

LIST THE
ACTIONS NEEDED

DEADLINE

November Moon Phases



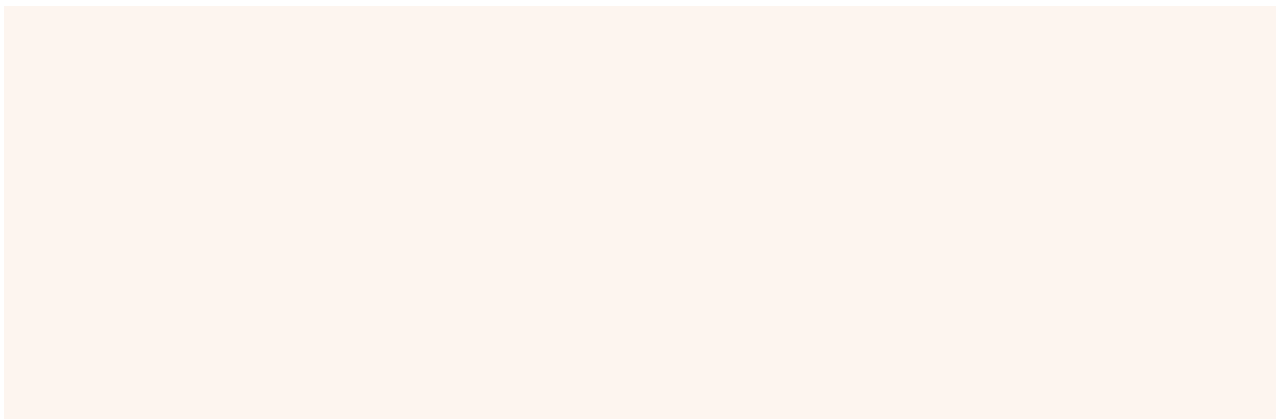
Plan your month according to the moon phases.

I



WANING CRESCENT

Practice self-care & trust to receive abundance

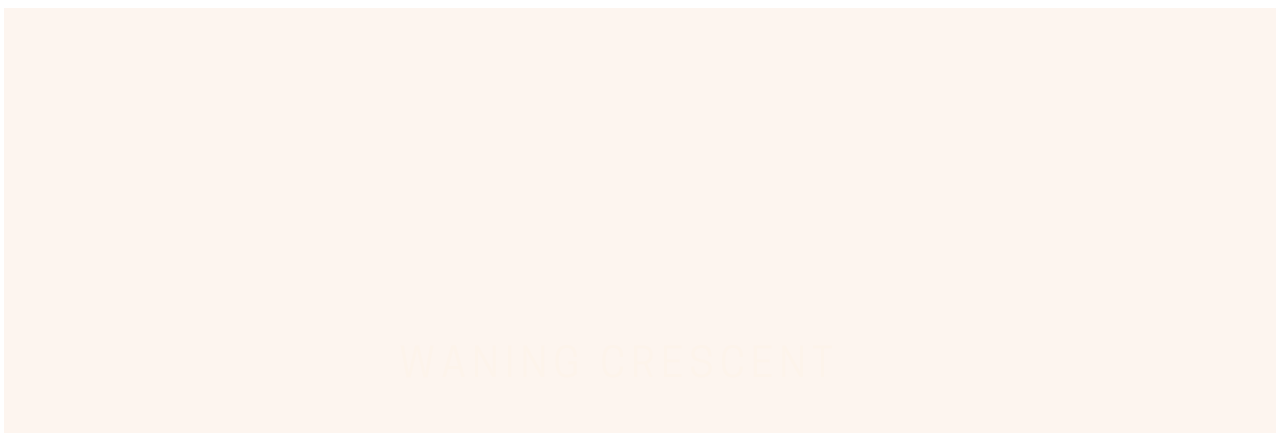


4



NEW MOON

Take some time by yourself and set your intentions



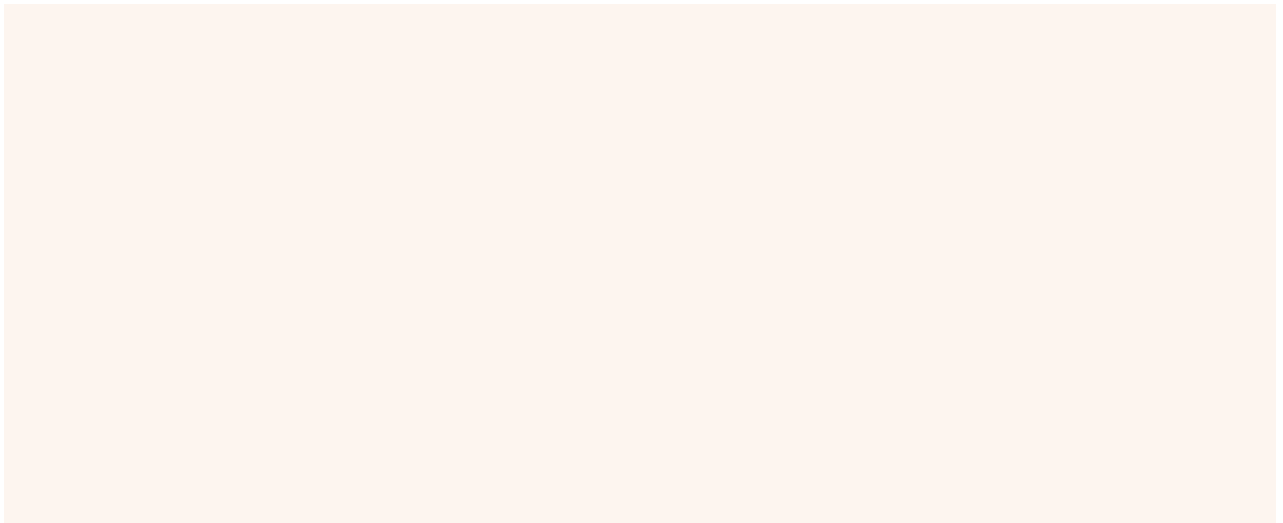
WANING CRESCENT

6



WAXING CRESCENT

Practice self-care & trust to receive abundance

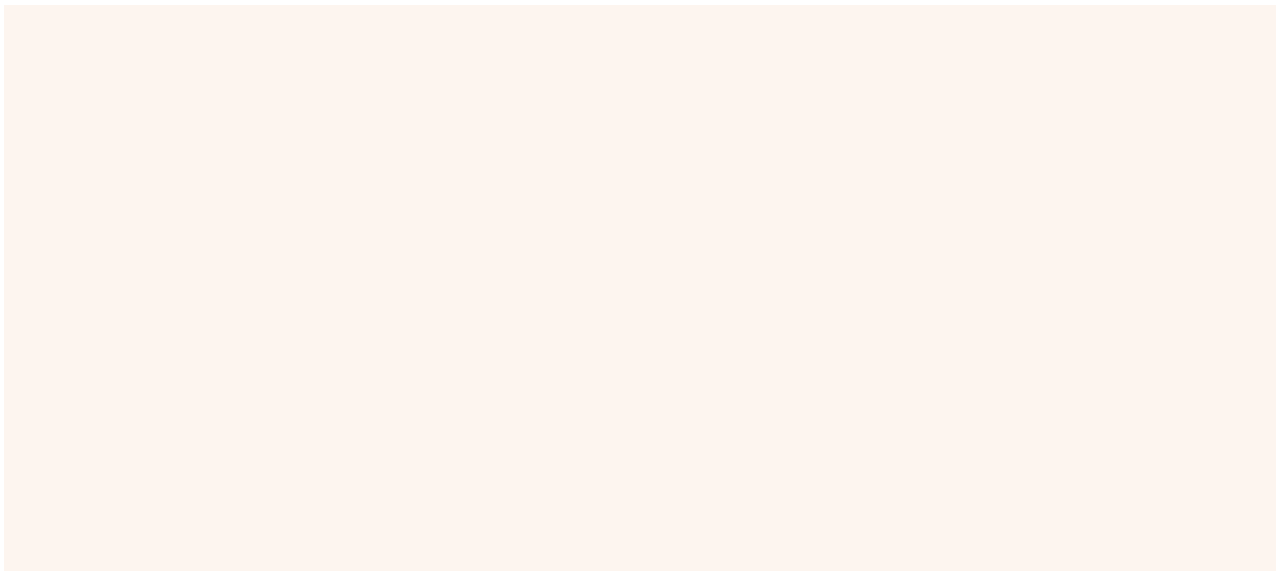


13



WAXING GIBBOUS

Review and check everything off your to-do list



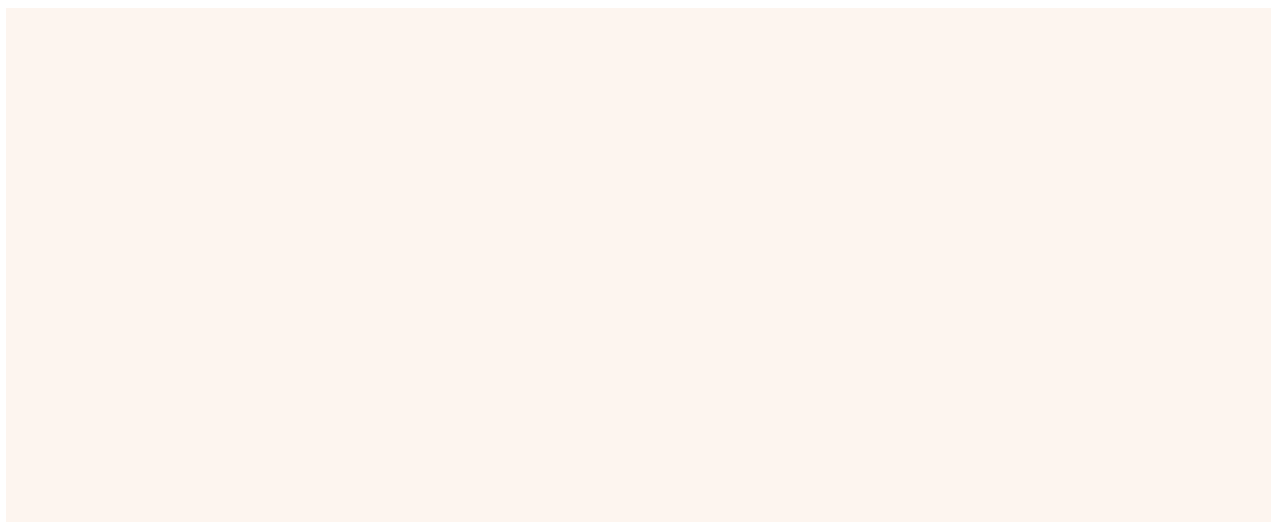
WANING CRESCENT

19



FULL MOON

Connect with your emotions & release the tensions

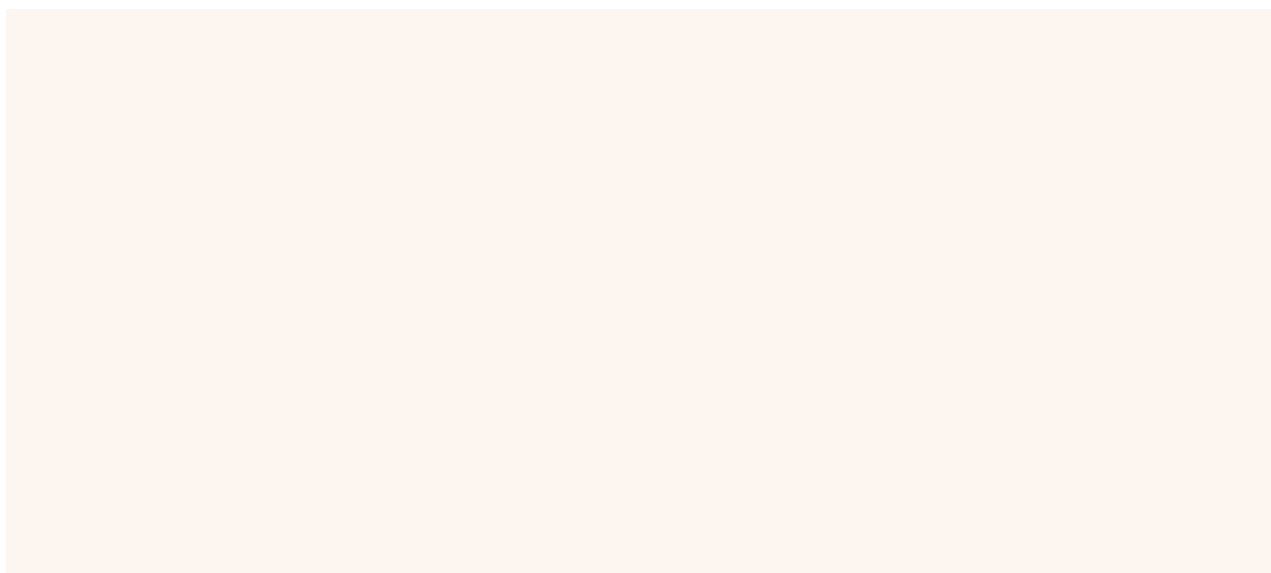


21



WANING GIBBOUS

Release your energy and connect with your soul



WANING CRESCENT